

# this week's menu



## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE	Pork meatballs in a homemade tomato sauce served with penne pasta	Chicken, leek and potato bake	Homemade minced beef pie served with creamed potatoes	Roast beef served with Yorkshire pudding and roast potatoes	Fish fingers served with chipped potatoes
MEAT FREE CHOICE	Quorn Shepherd's pie	Pizza Margherita served with oven baked potato wedges	Tomato and herb pasta bake with homemade garlic bread	Cheese lattice pastry served with roast potatoes	Quorn Korma served with brown rice
All served with seasonal vegetables and selection of salads from the salad bar					
DAILY	A selection of sandwiches and oven baked jacket potatoes with choice of fillings				
SWEET CHOICE	Chocolate orange muffin served with milk	Apple sponge served with custard	Fruit jelly served with mandarin oranges and ice cream	Oaty fruit crunch biscuit served with milk	Chocolate and raspberry cake served with custard
Fresh fruit salad and yoghurt is available daily					



North Tyneside Council

**FRESH** food  
**matters**

Menu items subject to change  
Please note that we will always restart on Week 1 following a holiday  
All items subject to availability

[www.northtyneside.gov.uk](http://www.northtyneside.gov.uk)